



North East and Yorkshire Youth Travellers

incorporating the International Optimist Class Association North East Regional Championships 2023

Derwent Reservoir Sailing Club

24th June 2023

Sailing Instructions

The Organizing Authority is Derwent Reservoir Sailing Club (DRSC) in conjunction with the North East and Yorkshire Youth Sailing Association (NEYRSA) and the International Optimist Class Association (IOCA).

1. Rules

- 1.1. The event will be governed under the The Racing Rules of Sailing 2021 – 2024 (RRS), the Series Notice of Race (NoR) and these Sailing Instructions (SIs). Where there is a conflict with the NoR, the Sailing Instructions will take priority.
- 1.2. RRS 40.1 will apply at all times when on the jetty or afloat.

2. Changes to Sailing Instructions

- 2.1. Any change to the sailing instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. Notices to competitors

- 3.1. Notices to competitors will be posted on the Event online noticeboard and competitors will be notified through the Event WhatsApp group when notices are posted. In the event that WiFi connectivity is difficult, a physical notice



board will be used - upstairs in the window of the clubhouse below the crows nest.

- 3.2. Please notify the race office of your arrival on the day of the event.
- 3.3. Any changes to the Sailing Instructions will be posted on the online notice board by 1000 hrs on the day of the event.
- 3.4. Regatta fleet sailors should wear the bib or other identification provided to aid identification.

4. Code of conduct

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. Signals Made Ashore

- 5.1. Signals made ashore will be displayed on the flagpole at the top of the main slipway.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in Race Signals AP.
- 5.3. [DP, NP] Boats shall not leave the shore until Flag D is displayed with a single sound signal is made. The warning signal will not be made before the scheduled time or less than 20 minutes after flag D is displayed.
- 5.4. [DP, NP] On returning ashore after racing competitors maybe held afloat by the beach master or safety boats until the beach master gives permission to come ashore. Failure to comply with this instruction will result in a 5-point scoring penalty with no appeal for redress.

6. Schedule

- 6.1. Race office will be open at Derwent Reservoir Sailing Club from 0900 until 1030 hrs on 24th June, 2023.
- 6.2. A competitor briefing will be held at 1000 hrs on the 24th June in front of the clubhouse.
- 6.3. Racing schedule:
 - A maximum of four (4) races will take place.
 - Competitors will come ashore for lunch.
 - The first warning signal shall be at 10:55.
 - No warning signal will be made after 15:25.

7. Class Flags

- 7.1. All fleets (Main, Regatta and Optimist Championships) shall start with a single start. The class flag will be K. This is a blue and yellow rectangular flag.

8. Racing Area

- 8.1. The Racing Area shall be Derwent Reservoir. Sailors will be briefed on the intended area of racing at the morning briefing.

9. Courses

- 9.1. The course diagrams are shown in the appendix. It shows the courses, the order in which marks are to be passed and the side on which each mark is to be left.



- 9.2. No later than the warning signal, the race committee will designate the course to be sailed (letter) displayed on the port side of the committee boat.
- 9.3. The course will be shortened at the finishing line. If the race is shortened, Flag S with two (2) sound signals will be displayed and competitors will round the final mark and finish at the finishing line. All boats crossing the finishing line, within the finishing window (see Instruction 16.1) and from the direction of the last mark will be finished after the course has been shortened. The first boat to be finished may not be the leading boat on the water.

10. Marks

- 10.1. Marks will be large inflatable marks. Replacement marks will be of the same shape as the original marks.

11. Obstructions

- 11.1. A short submerged wall, which protrudes from the south shoreline, close to Hunter (H) mark and is marked by a white buoy with the word "WALL" printed on it. This must be passed to outside (north). If this buoy is not in place the obstruction is above the waterline.

12. The Start

- 12.1. The starting line is between staffs displaying orange flags on the starting marks. The starting line is between a staff displaying an orange flag on the committee boat at the starboard end and the course side of the port-end starting mark.
- 12.2. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. Changes to the Course

- 13.1. The course will not be changed once the first boat has passed a mark.

14. The Finish

- 14.1. The finishing line is the same as the Start Line.

15. Penalty System

- 15.1. As per RRS

16. Time Limits and Target Times

- 16.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Target Time	Finishing Window
15 minutes	30 minutes	20 minutes

- 16.2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.



- 16.3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4. Failure to meet the Target Time will not be grounds for redress. This changes RRS62.1(a)
- 16.5. Boats in the Main and Regatta fleets which have sailed fewer laps than the lead boat may be finished on an earlier lap and average lap times calculated. In this circumstance there is no opportunity for redress. The Race Committee will attempt to notify the competitor but are not obliged to do so.
- 16.6. A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

17. Protests and Hearing Requests

- 17.1. The exoneration penalty, Advisory Hearing and RYA Arbitration of the RYA Rules Disputes procedure shall apply. The outcome of an RYA Arbitration can be referred to a protest committee, but an arbitration cannot be reopened or appealed.
- 17.2. Protest hearing forms are available from the race office. These shall be delivered there 30 minutes after the last boat has finished the last race.
- 17.3. The protest period expiry time will be posted on the Event noticeboard.
- 17.4. Protest hearing notices will be posted on the event noticeboard no later than 20 minutes after the protest time limit.

18. Scoring

- 18.1. RRS Appendix A will be applied. The elapsed time for each boat will be divided by their number of laps to calculate an average lap time. The average lap time will be used to calculate overall race position; adjusted for handicap.
- 18.2. Positions in the Regatta fleet will be determined by extracting their results from the overall results.
- 18.3. Positions for the Optimist class championship will be determined by extracting the results from the overall results.
- 18.4. One (1) race is required to be completed to constitute a series
- 18.5. When fewer than 3 races have been completed, a boat's series score is the total of her race scores. When 3 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

19. Safety Regulations

- 19.1. When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.



20. Replacement of Crew or Equipment

20.1. Substitution of crew or damaged or lost equipment during the event is not allowed without permission of the race committee.

21. Equipment and Measurement Checks

21.1. No routine measurement is planned

22. Not used

23. Official Vessels

23.1. Any safety boat, committee boat or mark laying boat will be considered to be part of the race committee

24. Support Boats

24.1. Only boats employed in race management will be allowed on the course unless agreed by the race committee.

25. Trash Disposal

25.1. Trash may be placed aboard official vessels

26. Berthing

26.1. Vessels may be stored overnight at the club the night before or after the race.

27. Not used

28. Not used

29. Prizes

29.1. Are as detailed in the Series Notice of Race.

29.2. The International Optimist Class Association will award prizes at their discretion.

30. Risk Statement

30.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

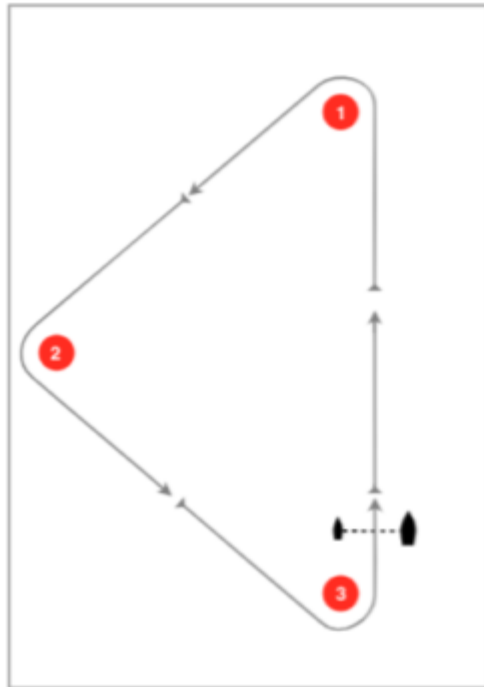
31. Insurance

31.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 million per incident or the equivalent.



Appendix: Course card

Signal	Mark Rounding Order
T1	Start – 1 – 2 – 3 – Finish
T2	Start – 1 – 2 – 3 – Line – 1 – 2 – 3 – Finish
T3	Start – 1 – 2 – 3 – Line – 1 – 2 – 3 – Line – 1 – 2 – 3 – Finish



DERWENT RESERVOIR SAILING CLUB



Signal	Mark rounding order
Z1	Start - 1 - 2 - 3 - 4 - Finish
Z2	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - Finish
Z3	Start - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - 1 - 2 - 3 - 4 - Finish

